



NANMT NEWS

Volume 3, Issue 3

Summer 2003

From Cam Spencer, President

Did you know Jesus was Jewish?

This was the most frequently asked question during my two weeks in Israel as a volunteer with the Jewish group Sar-El. In 1982, Ret. Gen. A Dividi called on friends in America to aid the settlers of Galilee, who were fighting Syria, to harvest their crops. The success of this venture resulted in the formation of Sar-El as a volunteer branch of the Israeli Defense Force (IDF). Since then, more than 90.000 volunteers from over 30 countries have come to take part in helping meet the needs of the Israeli Army. Open to all, Christians make up between 20-25% of the workers.

The next question always followed; **Why would you, a Christian, come to help Israel?** This always required a little more explanation. Most simply, I love Israel and the Israeli people, and I believe in the unique calling God has placed upon His chosen people. It has been an incredibly hard and long history. As a believer in Jesus, I am adopted into His family and share in the responsibility and joy that being a child of god affords me. Standing with my Jewish brothers and sisters here and in Israel is a calling I find difficult to explain. As a parent, the greatest joy I have is seeing my children loving each other. How much more does a perfect Father yearn to see His children working and laughing together.

But why volunteer with the IDF? Couldn't you go help in a hospital since you are a nurse? Well, I could, and I have enjoyed Christian mission trips to Africa and Israel in the past as a medical

Volunteer. Maybe since I have a son in the Marine Corps, or the recent focus on our troops in Iraq: but I strongly believe that it goes back much further. I was in college in the '60s. My classmates and friends were in Viet Nam. I wanted to join the Navy after graduation and answer the call to duty for my country. But I let the pressure of parents and family convince me not to join. I have always regretted that decision. But our god continues to give us opportunities to fulfill the dreams and desires He places in our hearts. So this time I signed up, received a letter of recommendation from the Orthodox Rabbi here in Charleston and blessings from my pastor at Seacoast Church and off I went.

Flying over alone, I was warmly greeted at Ben Gurion Airport by soldiers from the IDF. I joined up with others arriving from France and we were taken to an army base called Julius. The bases' primary function is restoring large equipment like trucks and tanks. I was allowed to help the baker in making pastries. Other volunteers worked restoring gas masks. Most workers were retired Jewish volunteers from several different countries and students learning Hebrew in order to become Israeli citizens. Our IDF soldiers spoke Hebrew, French, English and Russian. They were 19-year-old women assigned to keep these old folks in line! Evenings, we had classes on topics relating to the army and Israel. The only problem for me was my lack of French. Although I enjoyed my French roommates, the Sar-El office was concerned for my language barrier and offered to change me to another base.

The first weekend was a holiday, Shavuot, so we had three days off. Sar-El arranged a tour north to Galilee. Ten volunteers from different bases gathered together with a tour guide in a large van and headed from Tel Aviv to Jerusalem, to the Dead Sea, and north along the banks of the Jordan River to many ancient sites. We

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Israel cont.

looked over the Sea of Galilee from the Golan Heights. What a spectacular view. We spent the night in a beautiful hotel in Tiberius, and enjoyed a festive dinner. Just sitting on the balcony overlooking the Sea of Galilee, delighting in the cool night air with new friends and sharing our mutual love and concern for Israel was an evening I will treasure. The following day we set off for Mt. Carmel where Elijah defeated the 450 prophets of Baal and viewed the Jezreel Valley from the pinnacle. Looking over the valley with its patchwork colors of farmland, water reservoirs, and acres of date palms, it was hard to imagine the wars fought on this beautiful land and the prophetic war to come. From there, we went to the coast by Haifa on the Mediterranean Sea and returned to Tel Aviv.

One of the moving experiences of my first week was when I was trying to purchase an item in a small shop. The sales ladies spoke little English and were trying to help me. We smiled at each other and she asked if I was a tourist. I tried to explain that I was with Sar-El, but the language barrier was too great. Then I remembered the military ID Card, issued so I could return to base, and showed it to them. They both looked and read the information written in Hebrew. With the most loving eyes, they looked at me and said, "thank you". I almost wept on the spot. Their appreciation was so sincere and deep that I knew I would return.

My second week began at a different army base just south of Tel Aviv, whose primary function was to sort and distribute medical supplies. All the volunteers here spoke English. They were from the USA, England, Australia, Northern Ireland and South Africa. Some were newcomers like myself. Our work was in the warehouses sorting out expired materials and reorganizing those that could still be used. Boxes of all sizes were carried and stocked by both soldiers and volunteers. In addition to working together, we ate in the mess hall and shared bus rides into town. An evening tour each week was planned for us by Sar-El.. We would leave the base, learn about the historic areas and have time to shop or dine. Many Israeli citizens knew of Sar-El and always offered us discounts and thanked us. Many were amazed to know that people in other countries really cared. Much of their information is influenced by Arab World Media and their perception of Americans and especially Christians is not always accurate. The hurt and pain of their daily lives is beyond our comprehension and yet they go about their daily lives coping with ever-present danger and the fear of a bus or market exploding. All we can do is stand with Israel, pray for her leaders and call upon our God to deliver them once again. I encourage you to take a moment and pray for the Prince of Peace to return and ask God if you might be someone blessed by such an incredible experience.

Oh, by the way, Jesus was not Jewish, He IS.

For more information go to www.saar-el.org

ARE YOU INTERESTED?

Would you be interested in NANMT sponsoring a continuing education course for you? If you have a workshop or home study program that you would like nurses and LPN's to receive ceu's, then NANMT can help you in several ways. For a very reasonable fee, we can assist you with program development, the use of NANMT as a professional, recognizable "name", placement of an advertisement in the NANMT newsletter and potentially other places. We can also place your information on the NANMT website advertising and assist with record keeping. You would be the trainer, NANMT would be the sponsor. You can offer your workshop as many times as you want within a two-year period after program approval is achieved. You can save \$150.00 over the cost by going with NANMT, rather than individually at a cost of \$250.00. Documents for filing will be available soon from NANMT. Guidelines are being developed for the review process for your program.

Please contact the Education Director, Teresa K. Ramsey, BSN, LMT, if you would like further information at: 1-937-433-5000, or teresa@namt.org

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by Andy Bernay-Roman

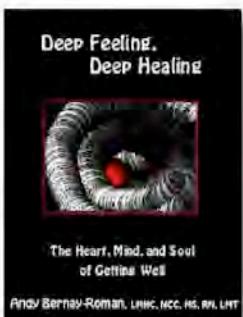
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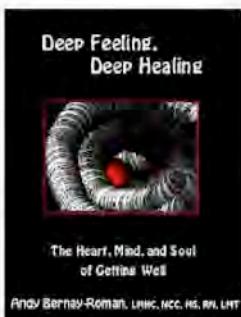
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BOOK REVIEW

THE ETHICS OF TOUCH

By Den E. Benjamin, PhD. And Cherie Sohnen-Moe

The authors have taken the primary ethical issues all touch therapists encounter and present overviews of the issues, very life like scenarios that demonstrate the issues, questions to ask ourselves, and opportunities to explore positive responses. The text is very helpful to individuals and clearly, in the classroom.

The format of the book is enjoyable! I found it very readable, and inspiring to have a resource like this. The quotes in the margins are profound, sometimes humorous, and always effective in putting ethical issues in the context of life in our families, our communities and world. There are prompts in the margins that guide us to information in the text that offers deeper, or expanded information on a topic.

As an actively practicing nurse massage therapist for 15 years, and the founder and trainer for the *Baby's First Massage Program*, I felt really grounded in ethics. But, this text has expanded my viewpoint in many ways. The authors have such depth of experiences that I haven't had, and I am very grateful they have presented us with these teachings. In particular, the information on touch with survivors of abuse, and sex, touch and intimacy issues was helpful.

As a labor and delivery nurse, and working in Obstetrics in a hospital setting, I was privileged to be part of the very intimate details of the lives of many people for a brief time. I became adept at creating safety and trust and providing boundaries when the patients were not able to do so. What can be really interesting for me now, as a therapeutic massage practitioner, is to be present in my work, maintain friendliness and caring, yet keep the professional over-view with long-term clients. I see this text as very helpful in expanding my capabilities as a therapeutic person.

By Teresa Ramsey, Education Director NANMT

!!! NANMT NEEDS YOU !!!

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Budget	Newsletter

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State Representative
New York

Diana Rogers

I am 38 years old and have been a nurse for 18 years, four of them spent in NICU and the rest in the ER. I attended massage therapy school 2 years ago and have been privately massaging my own clients as well as teaching at the school I attended. I teach anatomy and physiology as well as Swedish and medical massage. I would like to see Nurse Massage Therapy recognized more as a specialty and not hear questions as to "why I left nursing". Also, insurance is a big roadblock. I would like to see insurance companies recognize nurses with massage training as providers of massage therapy. I would also like to see a massage therapy department in every hospital...but that's another e-mail.

Diana Rogers
e-mail drogers1@si.rr.com

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FOR NANMT MEMBERS

Thanks to the generosity of BONNIE MACKEY, MSN, ARNP, CMT, we are happy to announce that her documentation manual, THE CLIENT HEALTH RECORD is now available in limited quantities to NANMT members. She has donated them to assist NANMT in raising funds for our work. Once these are gone, no more will be available. This is in use by our board members and they count it an invaluable documentation tool for their sessions. Cost to members, \$25.00, includes shipping. Send check or money order and shipping address to NANMT at:

NANMT c/o Sally Burns
4271 S. Salida Way Unit 9
Aurora, CO 80013

WHAT'S HAPPENING

I'm so glad you asked. Your Board of Directors (BOD) has been invited to join the Annual meeting of the NCSBN in Alexandria, VA in early August. NCSBN, this is the acronym for The National Council of State Boards of Nursing, those people, nurses just like all of us who help make the rules that regulate our life in the practice of nursing. As you all know, almost every state has some different regulations as regards massage and its' practice in their arena. Your organizational goal is to contact and inform the members of state boards around the country about the practice of massage therapy and its relationship to nursing practice in each state. Our goal is to have all states recognize massage as the nursing specialty that it is and we know and practice. As in SC, we want to be recognized as nursing, even if we are solely practicing as an independent massage therapist. If this does become the reality we hope for, then insurance reimbursement and recognition will follow.

So, your BOD is headed to Virginia to meet as many state board people as we are able to in a face-to-face manner with our Standards of Practice in hand and any other information we can supply them. It is a unique opportunity, as few other 'outside' organizations will be attending. I'm just like many of you, a regular nurse, massage therapist, who just happened to volunteer for the Board of NANMT. It has been an exciting time and I am really excited about the opportunities ahead. We are a truly growing organization and this face-to-face with the "real" nursing leaders; state-by-state is not to be missed. I would love for all of you to be there with us from Aug. 5th thru the 8th. We will be in contact with our management team and reachable through the 800# and by e-mail as at the right. PLEASE do let us know if you have any information that can support our quest for validation as both nurses and massage therapists... the "real" nursing.

Sally Burns Treasurer and Publisher

NANMT PLEASES

PLEASE be sure to inform us if you have moved, or changed phone, fax or e-mail

PLEASE check our website regularly for news

PLEASE support the organization with volunteer opportunities we offer.

PLEASE speak well of your organization and encourage new members.

PLEASE let us know what you have been doing that may be of beneficial interest to other members for possible inclusion in our newsletter.

PLEASE inform us if you have added or changed your licensing

PLEASE keep us informed of NANMT relative legislative actions in your state

PLEASE BE WELL

Contact: 1-800-262-4017 or nanmtadmin@nanmt.org

Your Board of Directors

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We want to hear from you, the board can be reached by the above e-mails or the 800 # and messages will be relayed to state representatives. Your suggestions, thoughts and ideas are most welcome. As always we are guided by your input. Make this your organization.

Advertising Rates 2003

	1X	2X	4X
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— Page		\$250	\$450
— Page		\$140	\$250
1/8 Page		\$75	\$135
Business Card		\$50	\$80
			\$160

This newsletter will be published quarterly on Jan. 30, Apr. 30, July 31, and Oct. 30. Requests for ads, articles, or suggestions for inclusion, must be submitted one month prior to publication.

Correspondence should be addressed to:

NANMT

4271 S. Salida Way, Unit 9
Aurora, CO 80013

New Members Welcome to NANMT !!!!

May

Deborah Yerkovich, Globe, AZ
Diane Polseno, N. Smithfield, RI
Mary Ellen Cruz, Tamuning, Guam
Adina Olivares, Modesto, CA
Shirley D'Allura, Palmyra, PA
Conrad Kyrras, Keego Harbor, MI

June

Tara Cara, Troy, MO
Tracey Nolan, San Diego, CA
Jennifer Billeddeaux, Lafayette, LA
July
Janet Esselink, Clinton Twp. MI
Bonnie Lester, Avoca, MI

We are proud to have these new members. Many of our members new and old have been paying dues on line at our website: nanmt.org. Please don't forget to check new or renewal. It helps to keep our records straight. If you need information or brochures, contact us at nanmt.org or 800-262-4017

?? NANMT KNOWS ??

Question:

Hi, I understand in January of 2004 a license for massage therapist will be needed in Illinois. However, as I read the requirements, it appears that I can have other licensure (RN) to qualify. Does this mean I will not have to take a board test for a massage therapist with my RN license?

CJ in Illinois

Dear C

Update from AMTA. The Illinois General Assembly passed a bill in May to postpone for a year the date on which a license is required to practice massage therapy in Illinois. Local ordinances will continue to regulate massage until Jan. 1, 2005.

Jane Neumann, AMTA-II 3rd Vice President responds to my question as to whether or not nurse massage therapists would have to sit for the national certification exam to be licensed in Illinois. Jane is the Government Relations Committee chair for the Illinois Chapter.

She Writes. The answer is they will not as a general rule. The law provides for an exemption from licensing for any professional licensed under another law whose scope of practice includes massage. So for nurses doing massage as part of their normal nursing duties, they will not need a license. Good examples of this are Hospice Nurses.

Do nurses need licenses for doing massage in settings outside their normal nursing work setting? I am not a lawyer. So I am unsure how the law will be applied. It is best to consult an attorney.

If the advice is that nurses who do massage independently of their nursing work need to be licensed then, the answer to your original question is, they only have to take the national exam in the case they have not been members of a professional association for less than a year when they apply. AMTA professional membership covers them.

By Kathy Noblet NANMT State Representative, Illinois

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One of '95-'96 issues, first 6 newsletters @ \$15.00 and 11 '95-'97 @ \$25.00 and 3 '98-2000 @ \$25.00. Mail orders to: NANMT 4271 S. Salida Way Unit 9 Aurora, CO 80013

HBMN website will continue to provide a Message Board, a Links Page, a Hospital Program Survey, and a Colleague Survey online. Also available are 3 publications from HBMN and these are available through Information for People at 1-800-754-9790 or online at www.info4people.com. Check it out. There is lots of help out there for those wanting to integrate massage into the mainstream medical establishment.

NANMT CONTACT INFORMATION

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