National Association of Nurse Massage Therapists
hands on healing

presents a national educational conference...

ATTUNING TO THE ELDER PATIENT

quality of life for the qual˙ty years

at the HILTON GARDEN INN in Phoenix, Arizona June 7th - 9th, 2007



Wayne Phillips, PhD, FACSM is Founder and CEO of AgeWELL Initiatives, international consultant of wellness programs, and originated the concept of Intrinsic Wellness™, centered on Axiology, the science of values. He is currently writing "Exercise from the Inside Out: The Key to an Active Healthy Lifestyle".



Don Campbell is a recognized authority on the transformative power of music and listening, and author of nine books, including the 1997 best-seller, The Mozart Effect®, which shows how music can soothe nerves, strengthen endurance, sound away pain , and support healing the body from a host of ailments.



Joyce Garland, RN, LBMT, is a nationally-known instructor and senior instructor/ therapist at the Day-Break Geriatric Massage Institute in California. She has worked exclusively with geriatric patients for over 20 years.



Bonnie Mackey, PhD, RN, is founder of the Mackey Health Institute in Florida., holds a PhD in nutrition, having studied integrative therapies in Europe and the US, and for over 30 years has empowered clients and caretakers to move beyond the conventional model of health care.



Teresa Kelechi, PhD, RN, Associate Professor, College of Nursing, Medical University of South Carolina is also a Gerontological Clinical Nurse Specialist whose clinical practice centers on wound and skin care for patients with diabetes and vascular diseases.



Cam Spencer, RN, LMT, former NANMT President, has a wealth of clinical experience with the elderly. She is the Wellness Coordinator at the Canturbury House (a seniors' facility) and is a former instructor at the Southeastern School of Neuromuscular and Therapeutic Massage in Charleston, SC

CONFERENCE OVERVIEW

Thursday

- **Registration** 12 - 6 pm
- **Evening Keynote:** *Advancing the Practice of Nurse MT in ElderCare* with Andy Bernay-Roman, NANMT Founder.
- **General Session:** *Geriatric Massage: An Overview and Demonstration* with Joyce Garland.
- **Hospitality Reception**

Friday

- **General Session:** *The Harmony of Health: Using Music to Tune To Yourself and Your Clients* with Don Campbell
- **General Session:** *Nutritional, Herbal and Neutraceutical Considerations for Blood Glucose Regulation for Patients With Diabetes* with Bonnie Mackey

Saturday

- **Keynote:** *Engage with Self - Engage with Life: The Key to Successful Aging* with Dr. Wayne Phillips
- **General Session:** Applications of Dr. Phillips' processes, with Dr. Wayne Phillips
- **General Session:** *Diabetes; Pathophysiology, Prevention, PVD, Foot Assessment, Massage Treatments.* Lecture and experiential, with Teresa Kelechi and Cam Spencer

PLEASE NOTE:

For complete schedule and times, further information, please visit www.nanmt.org – or call 800-262-4017 – or email nanmtadmin@nanmt.org.

Contact hour regulations require your attendance at all conference sessions.

Complimentary breakfast and lunch provided Friday and Saturday for registered participants.

16.9 continuing education contact hours approved by the Ohio Nurses Association (ONA), program #12893, valid through 2/28/08, The ONA is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91). NANMT is an approved provider by the NCBTMB #450055-06 for 17 contact hours, valid through 3/28/08.

National Association of Nurse Massage Therapists

NANMT
6749 Willow Creek Drive
Huber Heights OH 45424
800-262-4017 . www.nanmt.org

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on

JUNE 7TH-9TH 2007

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Located at the...

HILTON GARDEN INN

~ a smoke-free facility ~

~

3422 E. Elwood

Phoenix, Arizona 85040

~

@ University and I-10
Telephone 602-470-0500
www.hiltongardeninn.hilton.com

ask for NANMT RATES:

$79 per night (rate good 2 days before and after)
Quick Contact through NANMT web site: www.nanmt.org

Featuring...

WAYNE PHILLIPS, PhD, FACSM, expert & author on optimal aging and healthy behavior change

DON CAMPBELL, author of The Mozart Effect® on the transformative, healing power of music

JOYCE GARLAND, RN, LBMT on modulating massage with challenging health concerns

BONNIE MACKEY, PhD, RN on nutritional, herbal, and neutraceutical considerations

TERESA KELECHI, PhD, RN on high-risk patients (diabetes & vascular disease)

CAM SPENCER, RN, LMT on integrating nursing care and massage

CONFERENCE GOALS

- Promote and encourage networking among Nurse Massage Therapists and other professional colleagues in related health fields.
- Provide training and competency in nursing care of the elderly; particularly in modifying touch interventions to optimize quality of life.
- Promote awareness of health issues and training in massage for the geriatric client.
- Increase awareness that music, tones, and the human voice can alter the physiologic states of the elder client.
- Identify current concepts in the physiology of diabetes, skin & wound care, peripheral vascular disease and neuropathy with the elder diabetic client, and how massage therapy should be adapted in these clients.
- Identify and use assessment tools that clarify core motivations for elder clients that can assist in setting realistic goals for high level wellness.
- Identify changes in the digestive processes occurring in the elderly diabetic and learn how neutraceuticals support improved digestion and assimilation of nutrients.

REGISTRATION INFORMATION:

(or contact www.nanmt.org ~800-262-4017)

MEMBERS	NON-MEMBERS
$275 before FEB 28th	$325 before FEB 28th
$325 after FEB 28th	$375 after FEB 28th

16.9 CE's for nurses and massage therapists!

(Complete Continuing Education information on next page of this brochure.)

Name:_____

Profession:_____

Address:_____

City:_____ ST:_____ ZIP:_____

Phone: ( )_____

Email:_____

License Numbers:_____

❒ Check or Money Order Enclosed

TO PAY BY CREDIT CARD:
Please visit www.nanmt.org to pay by credit card, using Pay Pal.